

3/16/2018 NAMI Illinois Affiliate Listing

NAMI Barrington Area

847-496-1415
Email: namiba@namibarringtonarea.org
Web: <http://www.namibarrington.org>

NAMI Champaign County

(217) 356-1925 (217) 253-2413
Email: champaignnami@aol.com
Web: <http://namichampaign.nami.org>

NAMI Cook County North Suburban

847-716-2252
847-716-2253
Email: executivedirector@namiccns.org
Web: <http://www.namiccns.org>

NAMI Kane-South, DeKalb & Kendall Counties

630-896-6264 Fax: 630-896-6365
Email: info@namikdk.org
Web: www.namikdk.org

NAMI of DuPage County

630-752-0066
630-752-1064 Fax
Affiliate email: il@namidupage.org
Web: <http://www.namidupage.org>

NAMI Chicago

312-563-0445
312-563-0467 Fax
Email: info@namiqc.com
Web: <http://www.namiqc.org/>

NAMI Jackson County

618-549-4327
mgray4327@gmail.com
Web: <http://jacksoncounty.nami.org>

NAMI Kane County North

Phone: 847-410-9719
Website: <http://www.namikcn.org>
Email: namikcn@gmail.com

NAMI Lake County Illinois

847-249-1515 (English) answered within 48 hours
224-818-6264 (Spanish) answered within 48 hours
Email: namisupport@hotmail.com
Web: www.namilake-il.org

NAMI Livingston/McLean Counties

(309) 287-9913
Email: president@namilivingstonmclean.org
Web: <http://namilivingstonmclean.org/>

NAMI McHenry County

815-308-0851
Email: kross@namimchenrycounty.org
Web: <http://www.namimchenrycounty.org>

NAMI Metro Suburban

708-524-2582
Email: lustrup@namimetsub.org

NAMI Northern Illinois

815-963-2470
815-282-7114 Fax
Web: <http://www.nami.org/northern-illinois>

NAMI Northwest Suburban

Contact Phone: 847-899-0195
Email: naminwsb@aol.com

NAMI Sauk Area

Email: namisaukarea@gmail.com

NAMI Schaumburg Area

Website: www.namischaumburgarea.org
Email: namiegsch@yahoo.com
Phone: 630-363-1846

NAMI South Suburbs of Chicago

708.335.4008
Email: marianne.bithos@gmail.com

NAMI Southwest

708-425-0925

NAMI Southwestern Illinois

618-798-9788
866-332-5338 Fax
Email: info@namiswi.org
Web: <http://namiswi.org>

NAMI Springfield

(217) 522-3571

NAMI Tri-County

Phone: 309-693-0541
Web: www.namitri-countyilinois.org

NAMI Will Grundy Counties

815-731-9103
Email: info@namiwillcounty.org

NAMI Illinois State Office

218 West Lawrence
Springfield, IL 62704
217-522-1403
217-522-3598 Fax
800-346-4572 Information
Email: namiil@sbcglobal.net
Web: <http://www.namiillinois.org>



STATE OF ILLINOIS REGIONAL AREA SUPPORT

DHS/Dept. of Mental Health Regional Adult Recovery Support Specialists:

Virginia Goldrick - 773.794.5680 Region 1-North/Cook County
Virginia.Goldrick@illinois.gov

Marty Hines - 708.612.4236 Region 1-South/Cook County
Marty.Hines@illinois.gov

* Pat Lindquist - 847.742.1040, x2985 Region 2-East/Elgin
Patricia.Lindquist@illinois.gov

Tom Troe - 309.346.2094 Region 3/Peoria
Thomas.Troe@illinois.gov

Pat Hayes - 217.786.7626 Region 4/Springfield
Patrick.Hayes@illinois.gov

Cindy Mayhew – 618.474.3813 Region 5/Metro East
Cindy.Mayhew@illinois.gov

Rhonda Keck – 618-833-5161, x2515 Region 5/Southern
Rhonda.Keck@illinois.gov

WARM LINE: Not a Crisis Hotline/ Line for Support

- Phone: 866-359-7953
- Monday-Friday, 8am-5pm
- From the main menu, select option #2, then #5 (Interpreters available)
 - For persons with mental health and/or substance use challenges, their families, friends and community members
 - Staffed by Recovery Support Specialists who live out RECOVERY
 - For emotional support, self-advocacy education & empowerment, recovery support & referrals

To schedule a customized mental health awareness training or find out more information visit our website at visionforchange.net or call (630) 234.7477.



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RESOURCES

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE (DBSA) www.dbsalliance.org
730 N. Franklin Street, Suite 501, Chicago, IL 60654-7225 (800) 826.3632

The Depression and Bipolar Support Alliance is a peer-directed national organization focusing on depression and bipolar disorder. DBSA provides resources such as audio and video casts, interactive online resources and printed materials, as well as local support groups.

FAMILIES ANONYMOUS.....www.familiesanonymous.org

Families Anonymous is a self-help support group for families who are experiencing problems such as alcohol or drugs or related unacceptable behavior. It is based on the Twelve Steps of Alcoholics Anonymous and focuses on the family.

FRESH HOPE www.freshhope.org
3434 N. 204th Street Elkhorn, NE 68022 (402) 932.3069

Fresh Hope is a Christian association of support groups across the United States for those who have a mental health diagnosis and their loved ones.

INTERNATIONAL BIPOLAR FOUNDATION www.internationalbipolarfoundation.org
8895 Towne Centre Drive, #105-360, San Diego, CA 92122 (858) 764.2496

International Bipolar Foundation is an online resource for those with bipolar disorder and their caregivers. The website provides webinars and educational videos as well as a monthly newsletter.

NATIONAL ALLIANCE ON MENTAL ILLNESS www.nami.org
3803 N. Fairfax Drive, Suite 100, Arlington, VA 22203 (800) 950.NAMI

NAMI is the foundation for NAMI state organizations and NAMI affiliates who work in local communities to raise awareness and provide free education, advocacy and support group programs.

RECOVERY INTERNATIONAL (Formerly Recovery, Inc.) www.lowselfhelpsystems.org
105 W. Adams Street, Suite 2940, Chicago, IL 60603 (866) 221.0302

Recovery International is a mental health self-help organization. It provides mental health self-help community groups, telephone and online meetings.

WARM LINE FOR STATE OF ILLINOIS (866) 359.7953

The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover. Hours of Operation: Monday through Friday 8-5pm.

WRAP www.mentalhealthrecovery.com/wrap

Wellness Recovery Action Plan (WRAP) is a self-designed plan for staying well and for helping you to feel better when you are not feeling well, to increase personal responsibility, and to improve your quality of life.